

	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
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Week One 30/08/2021 20/09/2021 11/10/2021 08/11/2021 29/11/2021 03/01/2022 24/01/2022 14/02/2022	Option 1	Cheese & Tomato Pizza with Potato Wedges	Chicken Pie*, Mashed Potatoes & Gravy	Roast Chicken*, Stuffing, Roast Potatoes & Gravy	Mexican Beef Chilli* with Rice	Fish in Batter with Chips and Tomato Sauce
	Option 2	Lentil and Sweet Potato Curry with Rice	Vegetable Lasagne with Garlic Bread	Lentil Soya Loaf, Roast Potatoes & Gravy	Quorn Vegan Hot Dogs with Wedges	Cheese and Onion Quiche with Chips
	Option 3	Spicy Quorn and Vegetable Pasta	Jacket Potato with BBQ Baked Beans	Cheese and Tomato Pasta Bake	Jacket Potato with Tuna Mayonnaise	Tomato Arrabiata & Butterbean Pasta
	Vegetables	Peppers Sweetcorn	Broccoli Carrots	Peas Cabbage	Sweetcorn Rainbow Coleslaw	Baked Beans Peas
	Dessert	Toffee Apple Crumble with Custard	Vanilla Iced Sponge	Fresh Fruit and Yoghurt Station	Orange and Ginger Cake with Custard	Chocolate Cookie
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Two 06/09/2021 27/09/2021 18/10/2021 15/11/2021 06/12/2021 10/01/2022 31/01/2022	Option 1	Five Bean Casserole with Rice	Moroccan Chicken* with Couscous	Roast Beef*, Roast Potatoes and Gravy	Beef and Bean Fajitas* with Rice	Fishfingers with Chips and Tomato Sauce
	Option 2	Macaroni Cheese	Vegetable Pie, Mashed Potatoes and Gravy	Quorn Roast with Roast Potatoes and Gravy	Vegetarian Bolognese with Garlic Bread	Smokey Vegetable Burger with Chips
	Option 3	Jacket Potato with Baked Beans	Roasted Courgette and Red Pepper Penne	Jacket Potato with Five Bean Chilli	Vegetarian Sausage Pasta Bake	Jacket Potato with Cheese
	Vegetables	Sweetcorn Peas	Broccoli Baked Tomatoes	Cabbage Carrots	Cauliflower Green Beans	Baked Beans Peas
	Dessert	Apple Strudel with Custard	5 A Day Cake with Custard	Apple, Cheese and Crackers	Fruity Shortbread	Fresh Fruit and Yoghurt Station
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Three 13/09/2021 04/10/2021 01/11/2021 22/11/2021 13/12/2021 17/01/2022 07/02/2022	Option 1	Vegan Mexican Roll & Couscous Salad	Beef Lasagne* with Garlic Bread	Roast Turkey*, Roast Potatoes and Gravy	Jollof Rice with Chicken and Vegetables*	Salmon Fishfingers with Chips & Tomato Sauce
	Option 2	Cauliflower & Chickpea Curry with Rice	Shepherdess Pie With Gravy	Vegetable Pasty, Roast Potatoes and Gravy	Cheese & Broccoli Pasta with Garlic Bread	Red Pepper & Cheese Frittata with Chips
	Option 3	Jacket Potato with Cheese	BBQ Chicken Pasta	Jacket Potato with Tuna Mayonnaise	Lentil, Tomato and Vegetable Pasta	Jacket Potato with Baked Beans
	Vegetables	Coleslaw Sweetcorn	Peas Carrots	Broccoli Cauliflower	Roasted Mix Vegetables	Baked Beans Peas
	Dessert	Oaty Peach Crumble with Custard	Rice Pudding with Mixed Berries	Fresh Fruit and Yoghurt Station	Chocolate Sponge with Chocolate Drizzle	Apple, Cheese and Crackers
Or a choice of Yoghurt & Fresh Fruit available daily						

Available Daily:

Freshly cooked **jacket potatoes** with a choice of fillings (where advertised)

Bread freshly baked on site daily

Daily **salad** selection

ALLERGY INFORMATION

If your child has an allergy or intolerance please ask a member of the catering team for information. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.