



Our topic: The Feelings Monster

The Nest



Learn some new words

calm

sad

love

happy

scared

confused

angry

Learn the Makaton signs for our topic

I FEEL

<p>happy</p>	<p>sad</p>	<p>angry</p>
<p>frightened</p>	<p>tired</p>	<p>worried</p>
<p>funny</p>	<p>ill/poorly</p>	<p>loved</p>

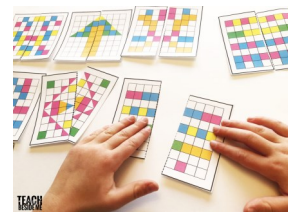


I can fold paper accurately

I can thread with string



I can cut accurately leaving clear shapes



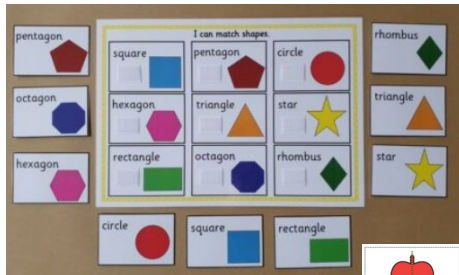
I can match symmetrical patterns and shapes



Number and operations



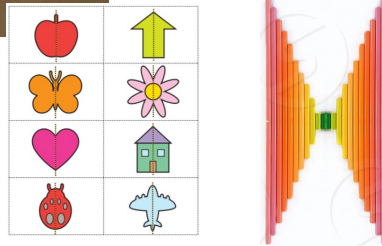
I can match shapes



I can sort shapes and colours



I can make symmetrical patterns



"Feelings"

I have feelings, so do you.

Let's all sing about a few.

We get happy, we get sad.

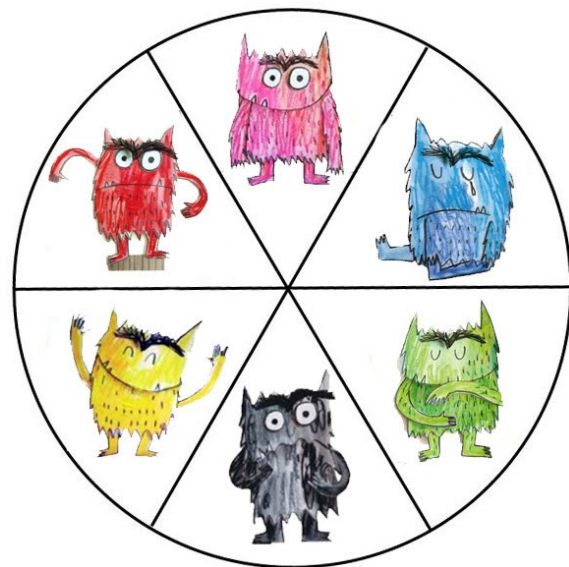
We get scared, we get mad.

I am proud of being me.

That's a feeling, too, you see!

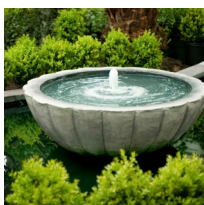
I can name my feelings and use pictures to help me communicate them.

How are you feeling today?



Skills to learn

I can use sounds to relax



I can watch things to help me calm



Keep on trying when things are difficult

How can you help?

We will need:

- Coloured pom poms
- Coloured ribbons
- Wind chimes
- Coloured fabrics